

## Waiver and Release from Liability

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ (Month, Day, Year)

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Address \_\_\_\_\_ City: \_\_\_\_\_

Zip: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_

Emergency Contact Phone: \_\_\_\_\_



I understand that participating in yoga includes physical movements as well as an opportunity for relaxation, stress re-education and relief of muscular tension. *As is the case with any physical activity, the risk of injury, even serious or disabling, is always present and cannot be entirely eliminated.* If I experience any pain or discomfort, I will listen to my body, discontinue the activity, and ask for support from the instructor. I will continue to breathe smoothly.

**I assume full responsibility for any and all damages to my person, which may incur through my willful participation.**

Yoga is not a substitute for medical attention, examination, diagnosis or treatment. Yoga is not recommended and is not safe under certain medical conditions. By signing, I affirm that a licensed physician has verified my good health and physical condition to participate in such a fitness program. In addition, I will make the instructor aware of any medical conditions or physical limitations before class. If I am pregnant, become pregnant or I am post-natal or post-surgical, my signature verifies that I have my physician's approval to participate. I also affirm that I alone am responsible to decide whether to practice yoga and participation is at my own risk. I hereby agree to irrevocably release and waive any claims that I have now or may have hereafter against Tomball Goat Yago as well as it's instructors and officers.

I understand that there will be domesticated Goats present during the Yoga Session. These domesticated animals are a part of the relaxation principles of this Yoga session. I understand that though domesticated, animals cannot be completely controlled, and may cause damage to my person or personal belongings.

**I hereby waive my rights to any and all damages to my person or personal property/ belongings which I may incur through participation in the session and engaging with these Domesticated Animals.**

**COVID-19 waiver addendum:** By signing this form, I acknowledge that the contagious nature of COVID-19 and voluntarily assume the risk that I, or my child(ren) may be exposed to or infected by COVID-19 by attending the session. I further understand that such exposure or infection may result in personal injury, disability (temporary and/or permanent) and death. I voluntarily agree to assume all the foregoing risks and accept sole responsibility for any injury to myself or child(ren). I hereby release, covenant not to sue, discharge, and hold harmless Tomball Goat Yago- a subsidiary of Great Life Ranch-LLC, its employees, volunteers, agents and representatives of and from the claims arising from an infection of COVID-19 and such an infections aftermath. I understand and agree that this release includes any claims based on the actions, omissions, or negligence of Tomball Goat Yago, its employees, agents and representatives, whether a COVID019 infection occurs before, during or after participation in an event hosted by Tomball Goat Yago or Great Life Ranch-Tomball.

I hereby irrevocably permit, authorize, grant, and license Great Life Ranch-Tomball and its affiliated programs the rights to display, publicly perform, exhibit, transmit, broadcast, reproduce, record, photograph, digitize, modify, alter, edit, adapt, create derivative works, exploit, sell, rent, license, otherwise use, and permit others to use my, image, likeness, and appearance, in any and all materials produced from my activities performed while present at Great Life Ranch-Tomball.

I have read, understand, and agree to the above terms of this Liability Waiver Agreement. I am 18 years of age or older and mentally competent to enter into agreements.

I am signing this agreement voluntarily and recognize that my signature serves as complete and unconditional release of all liability to the greatest extent allowed under the law of the State of Texas.

Signature \_\_\_\_\_

Date: \_\_\_\_\_

Correct as to form 01/25/21